



CHURCH OF THE

Good Shepherd

*One Flock, One Family, Living and Sharing
the Love of Christ*

Phone: 925-432-6404

Email: office@goodshepherdpittsburg.org

www.goodshepherdpittsburg.org

www.facebook.com/goodshepherdpittsburg



SECOND SUNDAY OF

Lent

MARCH 5, 2023

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From the cloud came a voice that said,
"This is my beloved Son,
with whom I am well pleased;
listen to him."

Matthew 17:5

PARISH OFFICE HOURS

Monday—Thursday: 8am—12 pm & 1 pm-4pm

Fridays: 9am– 12:pm & 1pm- 3pm

(covered by volunteers with limited service)

MASS SCHEDULE

Sundays: 8am, 10am (livestreamed)
12noon & 3pm Spanish

Mon-Fri: 7:30 am (livestreamed)

1st Fridays: 7:00 pm (livestreamed)

Saturdays: 8 am (livestreamed) & 5:30 pm (Vigil)

Holy Days: 7:30am (Ls), 6:30pm (Is) & 7:30pm (Sp)

Morning Prayer: Liturgy of the Hours/ Rosary 7:00 am

Confessions: Fridays: 8 am-9 am

Saturdays: 4pm-5 pm or by appointment

Tuesdays: 7pm –8pm (during Lent only)

Adoration: Fridays: 8 am-9 am;

1st Fridays: 8am-7pm

Adoration in the Chapel (door code required ~call parish office).

Devotions: Divine Mercy Monday-Friday after 7:30 am Mass

Our Lady of Fatima/Perpetual Help~1st Saturday

Santo Niño~2nd Saturday

Divine Mercy~3rd Saturday

Saint Padre Pio~4th Saturday

Healing Mass~5th Saturday

(All devotions take place following 8:00 am Mass)

Baptisms: In order to make baptismal arrangements contact

Carmen goodshepherdpittsburg.org or

Lorena goodshepherdpittsburg.org

Marriages: In order to make marriage arrangements contact carmen@goodshepherdpittsburg.org 6 months prior to marriage date.

Funeral Arrangements: Should be arranged by family, church and mortuary. Normal Christian burial consists of Vigil Service, Holy Mass and Burial in a Catholic Cemetery. Any other arrangements should be discussed with parish priest.

ANOINTING OF THE SICK HOTLINE: 510-259-8706



SECOND SUNDAY OF Lent

MARCH 5, 2023

LISTEN

Listen. Abram listened and, certain of God's blessing, set out for an unknown future in response to God's call. Awestruck Peter, James, and John heard a voice from a cloud tell them to listen to Jesus. When we listen to the Lord, we are assured of and find strength in God's presence. Listening deeply, we perceive the Lord's call and find the grace to respond to it, finding the assurance we need to live and share the gospel of Jesus Christ, even when it is challenging to do so. When we listen, we hear Jesus say to us as he did to the disciples on the mountain, "Rise, and do not be afraid."

LISTEN WHILE ON THE JOURNEY

Have you ever taken a long trip with a family member or friend and found yourself talking about the deeper things of life? Given time, the mundane can give way to topics of meaning and purpose. We sometimes speak of our movement through life and faith as a journey. The metaphor of a journey is fitting, since we are not only to make our way from one point to another the way we take a quick trip or a walk around the block—the process of living in faith is one of growth and change over time. On the journey of life and faith, we can find the grace to talk deeply with the Lord and listen to the voice of God, who strengthens us to face the challenges of living as followers of Christ.

GOD IS WITH US

It can be hard to grasp that the God of glory and power and undying love is always with us. Truly, this is one of the great mysteries of our Christian faith. Every time we make the sign of the cross, we are reminded of the life that is brought to light in Christ. The very life, passion, death, and resurrection of Jesus is evidence of the determination of God to love us through it all. Not only is Jesus proof of God's love, Christ's very presence with and within us is an outpouring of that love. This Lent, take time to listen to the Lord and allow what you hear to help you turn away from sin and toward the life and immortality of the Christian disciple.

TODAY'S READINGS

Genesis 12:1–4a
Psalm 33:4–5, 18–19, 20, 22
2 Timothy 1:8b–10
Matthew 17:1–9



SEGUNDO DOMINGO DE Cuaresma

5 DE MARZO DE 2023

ESCUCHA

Escucha. Abram escuchó y, seguro de la bendición de Dios, partió hacia un futuro desconocido en respuesta a la llamada de Dios. Pedro, Santiago y Juan, asombrados, oyeron una voz desde una nube que les decía que escucharan a Jesús. Cuando escuchamos al Señor, tenemos la seguridad y la fuerza de la presencia de Dios. Escuchando profundamente, percibimos la llamada del Señor y encontramos la gracia para responder a ella, encontrando la seguridad que necesitamos para vivir y compartir el evangelio de Jesucristo, incluso cuando es un reto hacerlo. Cuando escuchamos, oímos a Jesús decirnos como a los discípulos en la montaña: "Levántense, no tengan miedo".

ESCUCHAR DURANTE EL VIAJE

¿Has hecho alguna vez un viaje largo con un familiar o un amigo y se ha encontrado hablando de las cosas más profundas de la vida? Con el tiempo, lo mundano puede dar paso a temas de significado y propósito. A veces hablamos de nuestro paso por la vida y la fe como de un viaje. La metáfora del viaje es adecuada, ya que no se trata sólo de ir de un punto a otro de la misma manera que hacemos un viaje rápido o damos una vuelta a la manzana: el proceso de vivir en la fe es un proceso de crecimiento y cambio a lo largo del tiempo. En el viaje de la vida y de la fe, podemos encontrar la gracia de hablar profundamente con el Señor y escuchar la voz de Dios, que nos fortalece para afrontar los retos de vivir como seguidores de Cristo.

DIOS ESTÁ CON NOSOTROS

Puede resultar difícil comprender que el Dios de la gloria, del poder y del amor eterno está siempre con nosotros. Verdaderamente, éste es uno de los grandes misterios de nuestra fe cristiana. Cada vez que hacemos la señal de la cruz, recordamos la vida que sale a la luz en Cristo. La vida misma, la pasión, la muerte y la resurrección de Jesús son la prueba de la determinación de Dios de amarnos a través de todo. Jesús no sólo es la prueba del amor de Dios, sino que su misma presencia con nosotros y dentro de nosotros es una efusión de ese amor. Esta Cuaresma, dedica tiempo a escuchar al Señor y deja que lo que oigas te ayude a alejarte del pecado y a acercarte a la vida y la inmortalidad del discípulo cristiano.

LECTURAS DE HOY

Génesis 12:1–4a
Salmo 33 (32):4–5, 18–19, 20, 22
Timoteo 1:8b–10
Mateo 17:1–9

My dear friends in Christ,

I would like to share with you this reflection from Bishop Robert Barron about Lenten Practices that I find very interesting and helpful to get me into the spirit of Lent. I hope it inspires you as well.

One afternoon, a man looked in the mirror or saw an unflattering photo of himself and said, "Oh my God, I'm fat!" And one fine day, a freshman received a D on her philosophy paper and cried, "High school is over!" In each case, the sufferer, in the light of this awakening, resolved to act. Lent is the season when we wake up not to something as relatively ephemeral as a grade point average but to our spiritual situation. It is the time when we act not to improve the looks of the body, which will inevitably go into decline, but to improve the quality of our friendship with eternal Love. This awakening will be disquieting, and this action will be painful, but the goal is so sweet that we happily take on the discomfort. A traditional and very helpful way of understanding Lent is to see it as an apprenticeship to Jesus in the desert. We go with the Lord into the wilderness, and we watch him at close quarters, imitating him, seeing what he saw, and enduring what he endured. Holy people in the biblical tradition—Moses, Elijah, John the Baptizer, Jesus himself spent time in the harshness of the desert before they embarked upon their missions because it is a place of clarification. Stripped down, undistracted, simplified, they are able to ask the hard and simple questions: Who am I? What is the purpose of my life? What does God want of me? The 17th-century French philosopher Blaise Pascal said that most of us spend our lives seeking diversions in a desperate attempt to avoid precisely those questions. So we eat and drink, gamble, gossip, seek out the most banal entertainments, surrender to the pointless stimulation of music videos, attend party after party—all in order to avoid the questioner. To apprentice to Jesus in the desert is to divest yourself of diversions. It is to sacrifice the superficial so that the depth may rise. It is to still the chatter so that God's voice might be heard. And that voice, whether we like it or not, is one that awakens us to action. So may I suggest three desert practices for this Lent?

1. Focus

Identify the diversion that most distracts you and take some practical steps to rid yourself of it or at least reduce it. Are you preoccupied with eating and drinking? Then fast. Do you watch too much television? Then limit it to an hour a day. Do you indulge in idle chatter? Then resolve not to say anything mean about anybody, and you'll find that your conversations are a lot shorter! Do you socialize too much? Then refrain from parties for the 40 days. Clear the ground. Clean out the system.

2. Pray

What I mean is this: In a very conscious way ask God every day during Lent to tell you what he wants you to do, who he wants you to be. Stir up your desire with an insistent and repetitive prayer like the rosary or the Jesus prayer ("Lord Jesus Christ, Son of God, have mercy on me, a sinner"). And then ask and ask again and again, "Lord, what is the path that you want me to walk?" Perhaps you could increase your Mass attendance from once in a while to every Sunday, or from every Sunday to every day—and use the liturgy as a setting for the asking of your question. You could also seek out a partner for spiritual conversation. I would be willing to bet that everyone knows someone—a friend, a coworker, a priest, a sister—who is on fire with the gospel. Seek him out, find her, and make your exchange an occasion for the posing of your question. You could sit in pregnant silence before the Blessed Sacrament, keeping the holy hour that Peter, James, and John were unable to keep. Mind you, when you ask, expect an answer. The other side of prayer is the careful listening for the Voice.

3. Practice charity

Engage in a concrete practice of charity. The Spanish mystic Saint John of the Cross said that in the evening of life we shall be judged according to our love. In the 25th chapter of Matthew, the nature of love is specified. It is not primarily a feeling, an attitude, or a conviction but rather a concrete act on behalf of those in need—the hungry, the homeless, the lonely, the imprisoned, the forgotten. It is the bearing of another's burden. So resolve during the 40 days to perform a particular and sustained act of love. Make several visits to your relative in the nursing home. Converse regularly with a lonely person on your block. Tutor and befriend a kid who might be in danger of losing his way. Repair a broken friendship. Bring together bickering factions at your place of work. Make a number of financial contributions to a worthy organization that needs help. And so enter into the discipline of Lent the way a marathoner enters into her training or a professor into his research or a businessperson into a challenging project: with a joyful and excited resolve. God is neither a tyrant nor a sugar daddy (thank God!). Rather, he is love right through. Let us spend these 40 holy days responding to the delights and demands of that love.

Lenten Blessings, Fr. Thi Hoang

Mis queridos amigos en Cristo,

Quisiera compartir con ustedes esta reflexión del Obispo Robert Barron sobre las Prácticas Cuaresmales que me parecen muy interesantes y útiles para ponernos en el espíritu de la Cuaresma. Espero que les inspire también.

Una tarde, un hombre se miró al espejo o vio una foto poco halagadora de sí mismo y dijo: "¡Oh Dios mío, estoy gordo!" y otro día, una estudiante de primer año de la prepa recibió una D de calificación en su papel de filosofía y gritó: "¡hay que bueno que el año escolar esta terminando!", a la luz de estas anécdotas las dos personas desidieron despertar y actuar positivamente, que puedo hacer para mejorar la situación. La Cuaresma es la época en la que nos despertamos no a algo tan relativamente efímero como un promedio de puntos de grado, sino a nuestra situación espiritual. Es el momento en que actuamos no para mejorar la apariencia del cuerpo, que inevitablemente entrará en declive, sino para mejorar la calidad de nuestra amistad con el Amor eterno. Este despertar será inquietante, y esta acción será dolorosa, pero la meta es tan dulce que felizmente asumimos la incomodidad. Una forma tradicional y muy útil de entender la Cuaresma es verla como un aprendizaje con Jesús a lo largo del desierto. Vamos con el Señor al desierto, y lo observamos a corta distancia, imitándolo, viendo lo que vio y soportando lo que soportó. Personas Santas en la tradición bíblica —Moisés, Elías, Juan el Bautista, Jesús mismo pasó tiempo en la dureza del desierto antes de embarcarse en sus misiones porque es un lugar de aclaración y discernimiento. Ellos despojados, sin distracciones, con sencillez, son capaces de hacer las preguntas difíciles y sencillas: ¿Quién soy yo? ¿Cuál es el propósito de mi vida? ¿Qué quiere Dios de mí? El Filósofo Francés del siglo XVII Blaise Pascal dijo que la mayoría de nosotros nos pasamos la vida buscando diversiones en un intento desesperado de evitar precisamente esas preguntas. Así que comemos y bebemos, apostamos, chismoseamos, buscamos los entretenimientos más banales, nos rendimos a la estimulación inútil de los videos musicales, asistimos a una fiesta tras otra, todo con el fin de evitar al interrogador. Aprender de Jesús en su caminar por el desierto es despojarte de las diversiones. Es sacrificar lo superficial para que la profundidad espiritual pueda elevarse. Es callar los ruidos para que la voz de Dios sea escuchada. Y esa voz, nos guste o no, es una que nos despierta a la acción. Entonces, ¿puedo sugerir tres prácticas desérticas para esta Cuaresma?

1. Enfoque

Identifica la diversión que más te distrae y toma algunas medidas prácticas para deshacerte de ella o al menos reducirla. ¿Te preocupa comer y beber? Entonces ayuna. ¿Ves demasiada televisión? puedes limitarte a una hora al día. ¿Te entregas a conversaciones ociosas? Entonces resuelve a no decir nada malo sobre alguien, y encontraras que tus conversaciones son mucho más cortas! ¿Te socializas demasiado? Entonces obténte de ir de fiesta durante estos 40 días. Despeja tu espacio. Limpia el sistema.

2. Orar

Lo que quiero decir es esto: De una manera muy consciente pídele a Dios todos los días durante la Cuaresma que te diga lo que quiere que hagas, quién quiere que seas. Despierta tu deseo con una oración insistente y repetitiva como el rosario o la oración de Jesús ("Señor Jesucristo, Hijo de Dios, ten piedad de mí, un pecador"). Y luego pregunta y pregunta una y otra vez, "Señor, ¿cuál es el camino que quieres que camine?". También podrías buscar un compañero/a para conversar espiritualmente. Estaría dispuesto a apostar que todo el mundo conoce a alguien —un amigo, un compañero de trabajo, un sacerdote, una hermana— que está en llamas con el Evangelio. Búscalo/a, encuéntralo/a y haz de tu intercambio una ocasión para meditar a tu pregunta. Podrías sensarte en silencio ante el Santísimo Sacramento, guardando la hora santa que Pedro, Santiago y Juan no pudieron guardar. Atento, cuando preguntes, espera una respuesta. La otra parte de la oración es escuchar cuidadosa por la Voz.

3. Practicar la caridad

Participar en una práctica concreta de la caridad. El místico español San Juan de la Cruz dijo que en la noche de la vida seremos juzgados según nuestro amor. En el capítulo 25 de Mateo, se especifica la naturaleza del amor. No se trata principalmente de un sentimiento, de una actitud o de una convicción, sino más bien de un acto concreto en nombre de los necesitados: los hambrientos, los sin techo, los solitarios, los encarcelados, los olvidados. Es el porte de la carga de otro. Así que resuelve durante los 40 días realizar un acto particular y sostenido por amor. Visita varias veces a un pariente que vive en el hogar de ancianos. Conversa regularmente con una persona solitaria que viva en tu bloque. Se Tutor y hasta amigo de un niño que podría estar en peligro de perder su camino. Repara una amistad rota. Trae unidad y evita disputas en tu lugar de trabajo. Has una serie de contribuciones financieras a una organización digna que necesite ayuda. Y así entra en la disciplina de la Cuaresma de la manera que lo haria un corredor que entra de lleno en su formación o un profesor en su investigación o un empresario en un proyecto desafiante: con una determinación alegre y emocionada. Dios no es un tirano (¡gracias a Dios!). Más bien, él es todo amor. Pasemos estos 40 días santos respondiendo a las deleites y demandas de ese amor.



2023 Lenten & Easter Celebrations

WEEKLY ACTIVITIES DURING LENT

Confessions: Fridays 8-9 am; Saturdays 4-5 pm

and every Tuesday during Lent from 7-8 pm

Lenten Parish Reconciliation: March 13 @ 7pm (Bilingual)

Adorations: Fridays 8 am– 9 am; First Friday from 8am to 7pm followed by Mass of the Sacred Heart of Jesus.

Stations of the Cross: All Fridays of Lent @ 7 pm

Lenten Bible Study: All Thursdays of Lent @ 7pm

Lenten Dinners: On Fridays @ 5pm, Feb. 24, March 3, 10, 17, 24, & 31

7:00pm Lenten Retreat with Msgr. John McLaughlin

(This event is livestreamed as well on our Youtube Channel)

2pm retiro de cuaresma y 3pm Misa en Español with Fr. Mac Lingo

7pm Lenten Parish Reconciliation Service

7pm Opening Passion Play Performance 1

7pm Lenten Taize Prayer

HOLY WEEK

Vigil 5:30 pm Mass- 7pm Passion Play Performance 2

8am, 10am, 12pm, 3pm (Spanish); 5:30pm Passion Play Performance 3

6pm—Passion Play Performance 4

7:30am Morning Prayer/Liturgy of the Hours

7:00pm Mass of the Lord's Supper and Washing of Feet followed by Adoration of the Blessed Sacrament until Mid-Night.

7:30am Morning Prayer/Liturgy of the Hours

12pm Liturgy with Veneration of the Cross

3:00pm Liturgy with Veneration of the Cross (Spanish)

6:00pm Liturgy with Veneration of the Cross

7:30pm—Passion Play Performance 5

March 6 & 7

March 12

March 13

March 26

March 31

April 1- Palm Sunday

April 2– Palm Sunday

April 5– Holy Wednesday

April 6-Holy Thursday

April 7-Good Friday

EASTER VIGIL/ EASTER

April 8-Holy Saturday

8:00am—Morning Prayer/ Liturgy of the Hours

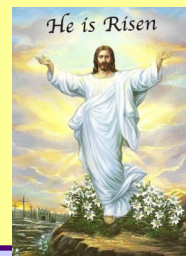
8:00pm Easter Vigil *(livestreamed as well)*

April 9-Easter Sunday

7:00am Mass; 8:30am Mass; 10am Mass *(livestreamed*

as well); 12:00pm Mass; 3:00pm Mass – Spanish

April 16- Divine Mercy Sunday



Celebraciones de la Cuaresma y la Pascua para la Comunidad Hispana

Retiro de Cuaresma para los lideres de los Ministerios :

Sabado, 25 de Febrero de las 9:30am a 3:30pm en Español en la iglesia con el Pdre. Candelario Jimenez.

Retiro de Cuaresma: 12 de Marzo a las 2:00pm y 3:00pm la Misa en Español

Confesiones Parroquial de Cuaresma: 13 de Marzo

a las 7:00pm(sacerdotes en español)

Jueves Santo: 6 de Abril a las 7:00pm

Misa de la Ultima Cena del Señor y Lavatorio de Pies seguido de Adoración del Santísimo Sacramento hasta media noche.

Via Crucis: Todos los Viernes a las 7pm

Cenas de Cuaresma: Los viernes a la 5pm, febrero 24, Marzo 3, 10, 17, 24, & 31

Viernes Santo: 7 de Abril a las 3:00pm Liturgia y veneracion de la cruz en español.

VIGILIA PASCUAL / PASCUA

Sábado Santo: 8 de Abril a las 8:00pm

Domingo de Resurrección:

9 de Abril a las 3:00pm Misa en Español

Dear All Civilly Married Couples,
You might have chosen not to marry
in the Church for various reasons. Now, worry no more.
Let's get your marriage convalidated!

IT IS ALL FREE OF CHARGE!

We are going to have a group marriage convalidation
here in our church on August 12 at 12pm.
To prepare for this celebration, we will have an "on
site" marriage preparation session which will take place
on March 18 from 9am to 2pm.



If you are interested in getting your marriage convalidated, please contact our parish office for registration.

Attention! We accept only couples that are currently civilly married, and have never been previously married or divorced.

YOUNG ADULT MINISTRY

All Young Adults from 21yrs to 35yrs are invited to
join our Young Adult Ministry.

We meet twice per month on Wednesdays at 7pm in
the ministry building.

If you are interested, or would like to be added to the
email list, please contact Dulcinea at
yam@goodshepherdspittsburg.org
Next Meeting: March 22nd.



Rite of Election for our catechumens and candidates on Feb 25
at the Diocese

Have you ever thought about the following?

- I want to see my grandchildren grow up.
- I want to continue living independently.
- I don't want to be a burden on my family.
-



March 7, 2023

Preventive screenings can help and we
have partnered with Life Line Screening to provide these valuable screenings.

The mission of Life Line Screening is to provide advance, yet affordable and convenient health screenings that supplement your traditional healthcare.

They can help make you aware of a previously silent, unrecognized problem that can now get treated at an early stage, or confirm that you are on the right path and should continue your healthy habits.

Don't let heart disease and stroke get in your way of the life you love.

These 4 vital screenings take 60-90 minutes to complete. Register by calling toll free 1-888-653-6441, text the word "circle" to 216-

LENTEN DINNERS & STATIONS OF THE CROSS! Everyone is invited to attend our

Friday Lenten Dinners Menu

March 10, Linguini & Clams

March 17, Eggplant Parmesan

March 24, Shrimp Scampi

March 31, Calamari Steak

All Meals served with Bread, Salad and Dessert

Dinner begins at 5:30 pm

In the parish hall Cost is \$15 per person for a delicious meat free meal. Dinner reservations are a must! Deadline is every Tuesday of Lent by 4 pm. Call the parish office with your name and number of guests. 925- 432-6404 Pay at the door.

Stations of the Cross follow at 7:00pm in the Church.



CONFESSIONS FOR LENT

Fridays 8:00-9:00 am

Saturday 4:00-5:00 pm

**Every Tuesday during Lent
from 7:00pm-8:00pm**

Lenten Parish Reconciliation:

March 13 at 7:00pm (Bilingual)

Children's Mass

Children's and Family Mass has started again. First Sunday of every month at the 10:00 AM mass All are welcome.

We are in need of more children to do the reading and bring up the gifts.

We will provide the reading and help them practice. If your child is interested please contact Klarisse at 925-432-6404 x21



DEANERY 10 RECONCILIATION SERVICE FOR LENT 2023

Church of the Good Shepherd

March 13 @ 7pm

Most Holy Rosary

March 22 @ 7pm

Our Lady Queen of the Word

April 3 @ 7pm

Immaculate Heart of Mary

March 28 @ 7pm

St. Ignatius of Antioch

March 23 @ 7:30pm

St. Anthony

March 30 @ 7pm

St. Peter Martyr

March 21,22,23 @ 5pm



Les recordamos que cada primer Domingo del mes se estarán ofreciendo misas para los niños, en las cuales están invitados a participar en alguna de las siguientes actividades; Bienvenida, Liturgia de la palabra , colecta y/o llevar las ofrendas al altar . Si les gustaría participar por favor comunicarse con Lorena Reyes (925) 432-6404 ext 20

Mass Intentions March 6– March 12

Mass Intentions For The Week 

Mon	7:30 am	Angie Sorci †
Tue	7:30 am	Rocco Enea †
Wed	7:30 am	Phil Culcasi †
Thu	7:30 am	Jennifer Fiore (Birthday)
Fri	7:30 am	Alfred Llenos†
Sat	8:00 am	Martha Lopez †
	5:30 pm	Sancho Alesna †
Sun	8:00 am	Dominic Confetti †
	10:00am	Gloria & Tony Giambalvo †
	12 pm	Carmen Vera (Birthday)
	3:00 pm	FOR THE PEOPLE OF OUR PARISH

Staff Contact Information

Fr. Thi Van Hoang, Parochial Administrator
925-432-6404 Ext. 11
Frthihoang@goodshepherdpittsburg.org

Fr. Arn Cabrias, Priest in Residence
arnuscab@gmail.com

Deacon Alberto Cruz
925-432-6404 Ext. 23, 415-310-0645
deaconalberto@goodshepherdpittsburg.org

Dina Russell, Bookkeeper
925-432-6404 Ext. 12
Dina@goodshepherdpittsburg.org

Carmen Esquivel, Office Manager
925-432-6404 Ext. 19
Carmen@goodshepherdpittsburg.org

Klarisse Tan, Religious Education Coordinator
925-432-6404 Ext. 21
Klarisse@goodshepherdpittsburg.org

Lorena Reyes, Office & Faith Formation Assistant
925-432-6404 Ext. 20
Lorena@goodshepherdpittsburg.org

Dennis Riray, Music Director
music@goodshepherdpittsburg.org

Gerry Brochu, Maintenance
Gerry@goodshepherdpittsburg.org



YOUNG AT HEART STRENGTH TRAINING
A FALL PREVENTION PROGRAM



Good Shepherd Church

Meet in the Parish Hall -11am start time

Tuesday, January 10th–May 2nd

Please arrive 15 minutes early on first day (no class on Mar 7th)

Build Strength • Increase Flexibility
Improve Balance • Reduce Falls



This institution is an equal opportunity provider and employer.



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MOWDIABLOREGION.ORG

Weekend of FEBRUARY 26, 2023

1st Collection (Cash, Checks, EFT) \$9,107.90
2nd Collection (Cash, Checks, EFT) \$3,643.24

Please help contribute for the smooth operation and good services of our parish. We appreciate your generosity and for making Good Shepherd a part of your family. Also, please remember Good Shepherd when planning your last will and testament.

Thank you!

NEXT SUNDAY'S READINGS

Exodus 17:3-7
Romans 5:1-2,5-6
John 4:5-42

NEXT SUNDAY'S 2nd COLLECTION

EASTER FLOWERS

**The Feast of San Pedro Calungsod will be celebrated on
March 26 at 12pm– Noon Mass.
Please contact our coordinators if you would like to offer a
Mass sponsorship .
All are welcome!
Thank you**



Church of the Good Shepherd 3200 Harbor Street
Pittsburg, CA 94565

FILIPINO MINISTRY

MASS SPONSORSHIP for Filipino Feast/Masses

DATE	March 26, 2023 @ 12:00 pm mass
MASS (indicate feast name)	San Pedro Calungsod Feast Mass
DONATION AMOUNT: If in check, please use "Church of the Good Shepherd" as payee	\$
NAME/s of SPONSOR/s (Please write the name legibly and as you want it read at mass or shown in program)	
INTENTION/s:	
Signature of Sponsor	
Sponsor's Telephone No.	

Please return completed form with your payment to **Cecille Perez, Cora Clavel or Cynthia Auza**.
For inquiries, please "TEXT": Cecille at 925-300-6234; Cora at 925-354-2259, or Cynthia at 925-597-1178.

WANTED: Couples Interested in their Marriages
TEAMS OF OUR LADY is a group of 5-7 couples that meet monthly in their homes to share their news, a meal, prayer, and study topic with a family/marriage/spiritual focus. The couples form a unit that is supportive and caring. If you are interested in building up your marriage among true friendships that glorify God, please RSVP for one of the following Information Meetings – refreshments will be provided:

Date #1 : April 23

Date #2: April 30

Information Couples: Chuck and Erica Raeder at
925.849.7661 or theraeders@comcast.net
Linus and Diana Farias at sairafl@yahoo.com
<https://teamsfourlady.org>



I AM WITH YOU ALWAYS
BISHOP'S MINISTRIES APPEAL 2023

**2023 Bishop's Ministries
Appeal. Our goal this year is: \$35,600.00,
Please give to support our Diocese.
Thank you!**

Lenten Soup for Souls

Topics: Sin, Cross & Eucharist**March 6 & 7 at 7:00pm**Presented by **Monsignor John McLaughlin**

Monsignor McLaughlin is the Former Director of Spiritual Formation at St John's Seminary, Boston, and National Vocations Director for the Archdiocese of Military Services. He has also served as Catholic Chaplain, Boston University. Monsignor McLaughlin currently resides in the Diocese of Oakland.

Come and join us for these two evenings of grace with Msgr MacLaughlin

Free Admission

Come One, Come All and Be Healed!

LENT BIBLE STUDY

GRAND OPENING BIBLE STUDY CLASS HERE
AT CHURCH OF THE GOOD SHEPHERD
Thursday, March 2 from 7:00pm to 8:30pm

*Do you have any plan for your spiritual growth during
Lent this year?*

Come and join us in our Bible study class. Many Catholics don't have habits of reading the Scripture. St Jerome once said: "Ignorance of Scriptures is the ignorance of Christ." Truly, we cant fully understand God and his mystery of Incarnation without deeply knowing what He speaks to us through the Scriptures. So come and join us for an 6 week Introduction to the New Testament. The class will be facilitated by Fr. Thi and David De Luna.

The class meets every Thursday of the month from 7:00pm - 8:30pm, starting Thursday, March 2 in the Parish Hall.

No need to sign up. Just show up on that day!



**Crab
Feed
Dinner
Recap**

**Total In-
come \$12,524.00**
Total Expense \$6,667.74
Profit \$5,856.26
**This profit does not include the
raffle income, for the raffle priz-
es handled by our Brother
Knights so the income goes to
them.**

MICHAEL C. BARBER, S.J.
BISHOP OF OAKLAND



2121 HARRISON STREET,
OAKLAND, CA 94612
510.267.8316

October 7, 2022
Our Lady of the Rosary

To All the Faithful of the Diocese of Oakland,

Our world is in need of renewal. Too many of our brothers and sisters are hurting and in need of healing - but too many of us are in turn separated from the very source of our strength: Our Lord Jesus Christ.

To revive our connection to Jesus Christ in the Blessed Sacrament, I am calling for our Diocese to join in the National Eucharistic Revival to reflect upon the centrality of the Eucharist in our lives and to reaffirm our call to be a people nourished, fed, and renewed by the Eucharist itself.

The theme of the National Eucharistic Revival 2024 is "Behold, I make all things NEW." Christ Himself invites us to renew our personal encounters with Him in this Revival. It is my prayer that as we all reinvigorate our devotion to the Blessed Sacrament and deepen our formation on the Real Presence, we will in turn be inspired to missionary action. Jesus is here and will renew us.

As part of this Revival, I am calling for a **Diocesan Eucharistic Revival Congress in 2023** with the theme: *"I am with you Always!"*

Save the dates:

September 8-9 for the Spanish-language track
September 15-16 for the English-language track

More details are forthcoming.

I know these weekends will be a wonderfully renewing time of prayer, talks, discussion, Mass, Adoration, and a public procession of the Blessed Sacrament. My appreciation goes out to the Steering Committee guiding this Congress, a group of the faithful on fire for the Lord chosen from parishes across the Diocese.

It is time to revive and rekindle the fire of the Eucharist in our hearts. We are looking forward to collaborating with you to make this 2023 Diocesan Congress not only successful, but also fruitful and faithful.

With the assurance of my prayers and blessings, I am

Sincerely yours in Christ,

The Most Reverend Michael C. Barber, S.J.
Bishop of Oakland

For the greater glory of God