

Church of the Good Shepherd

March 1, 2015

Second Sunday of Lent

Good Shepherd Catholic Parish: One Flock, One Family, Living and Sharing the Love of Christ!

3200 Harbor Street ~ Pittsburg, CA 94565
Phone: 432-6404 Fax: 432-6748
www.goodshepherdpittsburg.org
www.Facebook.com/goodshepherdchurchpittsburg

CATHOLIC SCHOOL-St. Peter Martyr 439-1014
PARISH MINISTRY
Altar Guild Namie Fontecha
Altar Servers Dina Russell 432-6404
Bingo Office (1st Tuesday of month only) 439-3100
Buildings & Grounds-Finance Council 432-6404
Music Ministry
Parish Music Dir. Rocco Enea 432-6404
8:00am Choir Evelyn Arms 439-5351
10:00am Choir Sal Bruno 432-0736
12 Noon Fil Am Leandra Ramm 432-6404
5:30 Spanish Leandra Ramm 432-6404
Catholic Daughters Jane Russo 432-7889
Couples for Christ FFL
Napoleon & Theresa Umadhay 427-5457
CYO Diane George 432-3043
Divine Mercy Ministry Tammy Vo 698-4559
Extra Ordinary Ministers of Holy
Communion Ann & Bill Abitz 432-3995
Extra Ordinary Ministers to the Sick – Confetti's 439-8958
Filipino Ministry Feli Buettner 427-5265
Finance Robert Calone 432-3300
Grief Ministry Judy Dudziak 565-2700
Italian Catholic Federation – Patty Jarrett 228-0810
Knights of Columbus – Allan Graff 570-4570
Lectors David De Luna 698-8585
Liturgy Committee Rocco Enea 439-1014
Pastoral Council David De Luna 698-8585
Religious Education/Sacramental Preparation
Faith Formation dina@goodshepherdpittsburg.org
Youth Ministry debbie@goodshepherdpittsburg.org
RCIA Deacon Ken Wedge 432-6404
Baptismal Prep – Robert & Sheena Beck 432-6404
Returning Catholics-Fr. Carl Arcosa 432-6404
Santo Nino Family Prayer Ministry
Romeo & Sery Razo 439-7706
Social Justice Deacon Ken Wedge 432-6404
Spanish Ministry Graciela Corona 510-912-1102
St. Vincent DePaul Assistance Line 727-5712
Stewardship Darla Kilgannon 432-0243
Ushers Patricia Cadena 439-3181
Vocations Fr. Carl Arcosa 432-6404
Wedding Liturgy Coordinators
Danette Shipe 427-9561 or Bee Francisco 473-9247
Young Ladies Institute-Feli Buettner 432-7382

Parish Staff

Fr. Carl Arcosa,
Parochial Administrator
fr_carl@goodshepherdpittsburg.org
925-432-6404 Ext. 19

Fr. Conrad Bayor
Resident Priest
cbayor@ses.gtu.edu
510-590-8346

Rev. Mr. Ken Wedge, Deacon
clubwedge@juno.com

Rev. Michael Nufable, Seminarian
michael.nufable@gmail.com

Grace Yvette Ripoli,
Business Manager
yvette@goodshepherdpittsburg.org

Schedule of Masses

Sundays 8:00 a.m., 10:00 a.m.,
12 noon & 5:30 pm Spanish

Monday through Friday 7:00 a.m.

1st Tuesdays & Fridays 7:00 p.m.

Morning Prayer 6:30 a.m.

Saturdays 8:00 a.m. & 5:30 p.m.
(Vigil)

Holy Days 7:00 a.m. & 7:00 p.m.

**Confessions: Saturday, 4:00 p.m., Tuesdays
at 7 p.m., or by appointment.**

Baptisms: In order to make baptismal
arrangements, contact:
baptisms@goodshepherdpittsburg.org

Marriages: Couples are required to make
arrangements at least six months in
advance at:
weddings@goodshepherdpittsburg.org

Quinceaneras: In order to schedule a 15th
Birthday Mass, contact:
quince@goodshepherdpittsburg.org

Funeral Arrangements: Should be ar-
ranged by family, church and mortuary.
Normal Christian burial consists of Vigil
Service, Holy Mass and Burial in a
Catholic Cemetery. Any other arrange-
ments should first be discussed with
parish priest.

FATHER CARL'S CORNER

What Is Lent? Lent is the penitential season of approximately 40 days set aside by the Church in order for the faithful to prepare for the celebration of the Lord's Passion, Death and Resurrection. During this holy season, inextricably connected to the Paschal Mystery, the Catechumens prepare for Christian initiation, and current Church members prepare for Easter by a recalling of Baptism and by works of penance, that is, prayer, fasting and almsgiving. Even in the early Church, Lent was the season for prayerful and penitential preparation for the feast of Easter. Though the obligation of penance was originally only imposed on those who had committed public sins and crimes, by medieval times all the faithful voluntarily performed acts of penance to repair for their sins.

Three Practices or Disciplines of Lent: Fasting, Praying and Almsgiving/ Serving

What is Fasting? For Roman Catholics, fasting, taken as a technical term, is the reduction of one's intake of food to one full meal (which may not contain meat on Ash Wednesday and Fridays throughout Lent) and two small meals (known liturgically as collations, taken in the morning and the evening), both of which together should not equal the large meal. Eating solid food between meals is not permitted. Fasting is required of the faithful between the ages of 18 and 59 on specified days such as Ash Wednesday and Good Friday. Complete abstinence, required of those 14 and older, is the avoidance of meat for the entire day particularly during all Fridays of Lent. Partial abstinence prescribes that meat be taken only once during the course of the day. Meat is understood not to include fish or cold-blooded animals. This week, let us focus on the practice of Fasting not just from food or meal but also from other acts or deeds that can offend God and others. Here are some good ideas of practical spiritual tips:

Fasting - Ideas for Adults: **Fast** from watching television one night each week so that you can spend time on a Lenten practice, such as praying, reading the Bible, serving others, **Fast** from one movie during Lent and give the money... and the time in service to others, **Fast** from using foul language and put-downs and start affirming the good in other people, **Fast** from buying new things like clothes, music, magazines, or jewelry and make a donation to St. Vincent de Paul Ministry, **Fast** from spending money on entertainment and make a donation of time or money that serves others, **Fast** from holding resentments and start practicing forgiveness. **Fast** from gossiping or being dishonest and start the practice of always being truthful and honest, **Fast** from a favorite snack food or drink and set aside the money you would have spent to donate to a special charity, **Fast** from being angry or upset with people who have hurt or offended you, and pray for the courage to forgive them, **Fast** from feeling guilty and angry at yourself for things you have done wrong, instead remember God's great love for you, **Fast** from spending too much time in Facebook, Twitter and others; Give up a bad habit(s), cravings and addictions that destroy your health, relationship with others and with God.

Fasting - Ideas for Children

Give up one TV show and spend that time helping a family member.

Give up one TV show or the radio or music or playing a video game for 30 minutes and read the story of the Woman at the Well in chapter 4 of the Gospel of John, verses 5-30.

Give up one TV show or the radio or music or playing a video game for 30 minutes and read the story of the Blind Man in chapter 9 of the Gospel of John, verses 1, 6-11, 35-38.

Give up one TV show or the radio or music or playing a video game for 30 minutes and read the story of Lazarus in chapter 11 of the Gospel of John, verses 1-7, 17-44.

Give up one TV show or the radio or music or playing a video game for 30 minutes and read the story of the Good Shepherd in chapter 10 of the Gospel of John, verses 1-18.

Give up something that you enjoy today (like dessert or snacks) and spend a few minutes praying for the needs of others.

Give up something that you enjoy today (like dessert or snacks) and donate 25¢ to your Operation Rice Bowl box.

Give up buying something new (clothes, CD, magazine, jewelry) and donate 50¢ to your Operation Rice Bowl box.

Give up going to a movie or other fun activity and donate the money from this activity to your Operation Rice Bowl box or other people in need in your community.

Think about a bad habit that you would like to change, like telling a lie, talking back to parents, yelling at others, getting angry, or putting people down, and choose to avoid that bad habit and do something positive instead.

Think about someone you are angry with or who has hurt you. Ask God for the courage to forgive and pray for that person each day. Think about one thing that is good about them. Share lots of smiles today. Give a hug to everyone in your family. Compliment each person in your family some time today.

Give up complaining, frowns, and negative thoughts today.

<http://www.freerepublic.com/focus/f-religion/1339504/posts>
<http://www.catholicculture.org/culture/liturgicalyear/activities/view.cfm?id=1010>
http://en.wikipedia.org/wiki/Fasting#Roman_Catholicism

**LENTEN COMMUNAL PENANCE
SERVICE 7PM
MONDAY, MARCH 9 IN THE
CHURCH-*EVERYONE* IS
ENCOURAGED TO PARTICIPATE IN
THIS SACRAMENT BEFORE
EASTER!!**

40 DAY HOLY HOUR LENTEN DEVOTION
Come join the Ministries and Organizations of
Good Shepherd Parish for prayer beginning
February 22 through April 2nd~the 40 days
leading up to Lent!

Various Ministries and Organizations from the
parish will be praying in the chapel every evening
from 7-8 pm accompanied by clergy
or an acolyte. If you would like to join them in
prayer, contact Ann & Bill Abitz (432-3995) or
sign up in the vestibule.

**STATIONS OF THE CROSS AND
LENTEN SOUP EVERY FRIDAY
DURING LENT!**

Begin with praying the Stations at 7 pm in
the church and then join us for a simple
Lenten meal of soup and bread in the hall
immediately following.



Your Service is Needed!!!

Do you want to be an Altar Server?
Do you want your child to be an
Altar Server? YES!

Then here is what you do.

You attend Altar Server training on
Saturday morning March 14th, @
9:30AM - 2:00PM Lunch will be
provided. Children should be in at
least 4th grade & have received
Communion. Please RSVP to Dina
925-432-6404 for lunch count.

2015 Liturgical and Parish Events

March

6	Stations of the Cross Lenten Friday Soup Dinner*
9	Parish Lenten Reconciliation Service*
13	Stations of the Cross Lenten Friday Soup Dinner*
16	Lenten Reflection with Jesse Romero (English)*
17	Reflexión Cuaresmal con Jesse Romero (Spanish)*
19	Diocesan Capital Campaign Reception
20	Stations of the Cross Lenten Friday Soup Dinner*
27	Stations of the Cross Lenten Friday Soup Stations of the Cross
29	Palm Sunday

April

2	Holy Thursday*
3	Holy Friday*
4	Holy Saturday and Easter Vigil
5	Easter Sunday
3-11	Novena for the Feast of Divine Mercy
12	Divine Mercy Sunday
23	Parish Dinner with Filipino Ministry & CFC FFL

May

1-31	Month of the Rosary – For Peace
2	FHC 10 am English
3	FHC 5:30 pm Spanish
7	Dinner with Bishop Barber – Capital Campaign*
14	Ascension Sunday
23	Confirmation 5:30 pm
24	Pentecost Sunday
30	Parish Flock Party*
31	Trinity Sunday/ Parish Flock Party 10AM Mass with <i>Archbishop</i>

June

7	Feast of Corpus Christi and Solemn Procession
3-11	Novena for the Feast of Sacred Heart of Jesus
12	Sacred Heart of Jesus
17	Matt Maher Concert
25	Parish Dinner with Divine Mercy and La Pieta*

Note: (*) No ministry meeting should happen on that time or
event

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**SAVE THE DATE FOR
GOOD SHEPHERD
PARISH'S
50TH ANNIVERSARY
DINNER ON JULY 11, 2015**

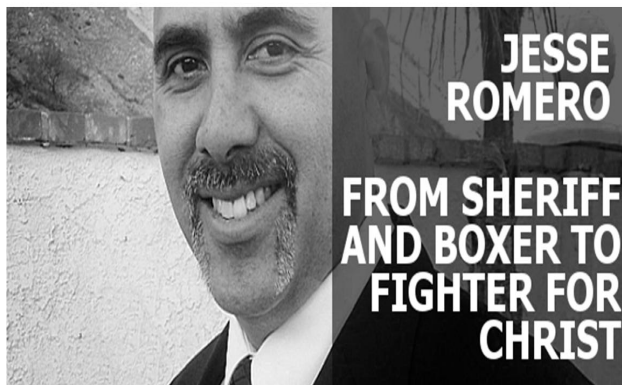
**JOURNEY "INTO THE WOODS" WITH
PITTSBURG COMMUNITY THEATRE**

**You've seen the movie, now see the original
stage production through March 8, 2015**

California Theatre—Tickets \$10-\$25

Visit the box office or call 925-427-1611 or

www.pittsburgcaliforniatheatre.com



**GOOD SHEPHERD PARISH
50TH ANNIVERSARY CELEBRATION WITH
MR. JESSE ROMERO**

March 16, Monday

6 PM - Holy Hour

7 PM - Presentation (English)

12 Steps on How to be a Holy Catholic

This presentation draws from the bible and the catechism outlining 12 points on how to be a good virtuous catholic which leads to becoming a holy catholic and getting to heaven.

March 17, Tuesday

6PM - Hora Santa

7PM - Presentacion (Español)

Como Ser Un Buen Católico: 12 pasos

Esta presentación se basa en la biblia y el catecismo y expone 12 puntos para poder ser un buen católico virtuoso que conduce hasta llegar a ser un santo católico y llegar al cielo.

Cost: Free will-offering - Donacion Solamente

PARISH GENERAL CALENDAR

Parish Office Hours: Monday through Thursday

9:00 AM to 12:00 Noon & 1:00 PM to 4:00 PM

Fridays 9 am to 3 pm

CHAPEL HOURS: Monday-Sunday 7 am-7 pm

Adoration of the Blessed Sacrament Fridays from 8 am—6 pm

Mondays Prayer Group for the Sick-11 am to 12 noon in the Ministry Building

Confirmation Class-7 pm-Ministry Building-2nd & 4th Mondays (Sept-May)

Grief Ministry-1st & 3rd Mondays at 7 pm in the Apartment

Tuesdays Novena to Our Mother of Perpetual Help (Mass on each first Tuesday)~Church~7 pm

Bad Girls of the Bible~Hall~7 pm

Wednesdays 8 & 10 Choir Rehearsals~7 pm Stewardship~Office~7pm~2nd & 4th

Youth Formation~Parish Hall 3-4, 430-530, 6-7, 730-830 Sept-May

Thursdays Bible Study~Office~7pm Senior Brown Bag Program~Hall 2nd & 4th Thursdays of the month 10 am~12 noon

Fridays Adoration begins after 7 am mass until 7 pm Spanish Choir Rehearsal-7pm FilAm Choir Rehearsal-8 pm Chaplet of Divine Mercy-3 pm Teresita #123, YLI Pray & Chat with Divine Mercy Group

Saturdays La Pieta International Prayer Group Every Saturday after the 8 am mass

Sundays Life Teen-Parish Hall-11-1 pm-Sep-May

**IF YOU WISH TO RECEIVE A COPY OF YOUR
2014 DONATIONS FOR TAX PURPOSES,
PLEASE CONTACT THE PARISH OFFICE AT
432-6404.**

**ALSO, PLEASE INDICATE IF YOU WISH TO
PICK UP YOUR LETTER OR HAVE IT MAILED
TO YOUR HOME ADDRESS!**

**ATTENTION ALL MINISTRIES &
ORGANIZATIONS!!!**

Please submit your 2015 meeting and activity dates in writing to the parish office so that we can put them on the church calendar. Please do not assume that the office is automatically scheduling your meeting dates for next year. You MUST make contact with us at 432-6404.

Mass Intentions

Mar 2-8

Mon	7 am	Diosdado & Oliva Labao Rosa Columbo † #
Tue	7 am	Mr. & Mrs. Mariano Cacho † *
	7 pm	Maria de Jesus Gutierrez † *
Wed	7 am	Arthur C. Miner † #
Thu	7 am	Carlos Inductivo † #
Fri	7 am	Doug Magnoli & John (Ruby) Aiello † @
	7 pm	Julio Suarez Jr. 2 month Death Anniversary †
Sat	8 am	Natale Rocco † #
	5:30 _{pm}	In Thanksgiving Gladys Miguel *
Sun	8 am	Deceased Members of the Macial Agripina, Emperatriz & Brofas Families † #
	10am	West Alexander III † *
	12pm	Dorothy Arce † *
	5:30 _{pm}	FOR THE PEOPLE @

* = Fr. Carl Arcosa

= Fr. Conrad Bayor

@ = Fr. Ricardo Chavez

YEAR TO DATE SACRAMENT TOTALS

Baptisms 10

First Holy Communions

Confirmations

Deaths 11

Weddings

Sick Calls 4

ALTAR SERVERS SCHEDULE FOR MAR 7 & 8

Saturday

5:30 Gabby Barrett, David Ferris, Chris Barrett, Nick & Briana Ferris

Sunday

8:00 Don Phan, Taylor & Andrew Silva

10:00 Riodelle Reyes, Rebecca Esquivel, Sophia Escajeda, Carl Camarao, Joseph Ortiz

12:00 Jasper Lomod, Matthew Moynihan, Bonifacio Dador, John Del Carmen, Nick Ceballos

5:30 Carlos Mendoza, Jesus & Veronica Gonzalez, Araceli Gonzalez, Kimberly Figueroa

EUCCHARISTIC MINISTERS FOR MAR 7 & 8

Saturday

5:30: Bill & Ann Abitz, Loreta Cellan, Nora Gavino, Lucilla Mangante, Josephine Saca

Sunday

8:00 Steve Confetti, Fe Castillo, Martha Marin, Yvonne Lackey, Debbie Lawson, Ellen Vilorio

10:00 John & Jan Rinaudo, Laura Canciamilla, Florida Castillo, Becky & Jun Naca, Napoleon & Theresa Umadhy

12:00 Romeo & Sery Razo, Lea Briones, Marc Cahayag, George Camacho, Mercy Cruz, Cecilio & Shirley Jemera, Sonja Shephard

5:30 Rosa Granados, Marcelina Diaz, Librado Mata

LECTORS SCHEDULE FOR MAR 7 & 8

	<u>1st</u>	<u>2nd</u>
Saturday		
5:30	Joyce Fox	Cynthia Greely
Sunday		
8:00	Knights of Columbus	
10:00	Linda Ilas	Jane Russo
12:00	MacKinsey Russell	Sally Bellando
5:30	Angelica Arevalo	Oliba Cardona

NEXT SUNDAY'S READINGS

Exodus 20: 1-17, 1 Corinthians 1:22-25,
John 2:13-25

NEXT WEEK'S 2ND COLLECTION

EASTER FLOWERS

Gone But Not Forgotten

A new Grief support has formed in our Parish on the first and third Monday evenings of the month at 7pm in the Apartment. If you have any type of loss, no matter how long it's been, please join us to help you work through your grief in an understanding, compassionate and supportive environment. Please encourage others to join us as well-all are welcome! For more information, please feel free to contact Judy Dudziak at (925)565-2700. We hope to see you there!