

Church of the Good Shepherd

February 14, 2016

1st Sunday of Lent

Good Shepherd Catholic Parish: One Flock, One Family, Living and Sharing the Love of Christ!

3200 Harbor Street ~ Pittsburg, CA 94565
Phone: 432-6404 Fax: 432-6748
www.goodshepherdpittsburg.org
www.Facebook.com/goodshepherdchurchpittsburg

CATHOLIC SCHOOL-St. Peter Martyr 439-1014
PARISH MINISTRY
Altar Guild Namie Fontecha
Altar Servers Arturo Bazon 510-677-7915
Bingo Office (1st Tuesday of month only) 439-3100
Buildings & Grounds-Finance Council 432-6404
Music Ministry
Parish Music Dir. Rocco Enea 432-6404
8:00am Choir Evelyn Arms 439-5351
10:00am Choir Sal Bruno 432-0736
12 Noon Choir Leandra Ramm 432-6404
5:30 Spanish Leandra Ramm 432-6404
Catholic Daughters Jane Russo 432-7889
Couples for Christ FFL
Napoleon & Theresa Umadhay 427-5457
CYO Diane George 432-3043
Divine Mercy Ministry Becky Naca 858-9217
Extra Ordinary Ministers of Holy
Communion Ann & Bill Abitz 432-3995
Extra Ordinary Ministers to the Sick – Confetti's 439-8958
Filipino Ministry Gina Llaguno 522-6164
Finance Council Robert Calone 432-3300
Grief Ministry Judy Dudziak 565-2700
Italian Catholic Federation – Patty Jarrett 228-0810
Knights of Columbus – Allan Graff 570-4570
Lectors David De Luna 698-8585
Liturgy Committee Rocco Enea 439-1014
Pastoral Council David De Luna 698-8585
Religious Education/Sacramental Preparation
Faith Formation dina@goodshepherdpittsburg.org
Youth Ministry debbie@goodshepherdpittsburg.org
RCIA 432-6404
Baptismal Prep – Robert & Sheena Beck 432-6404
Returning Catholics-Fr. Carl Arcosa 432-6404
Santo Nino Family Prayer Ministry
Romeo & Sery Razo 439-7706
Social Justice 432-6404
Spanish Ministry Graciela Corona 510-912-1102
St. Vincent DePaul Assistance Line 727-5712
Stewardship 432-6404
Ushers Patricia Cadena 439-3181
Vocations Fr. Carl Arcosa 432-6404
Wedding Liturgy Coordinators
Danette Shipe 427-9561 or Bee Francisco 473-9247
Young Ladies Institute-Feli Buettner 432-7382

Parish Staff

Fr. Carl Arcosa,
Parochial Administrator
fr_carl@goodshepherdpittsburg.org
925-432-6404 Ext. 23

Fr. Conrad Bayor,
Resident Priest
cbayor@ses.gtu.edu
510-590-8346

Arturo Bazon, Seminarian,
arturobn@gmail.com
510-677-7915

Grace Yvette Ripoli,
Business Manager
yvette@goodshepherdpittsburg.org

Schedule of Masses

Sundays 8:00 a.m., 10:00 a.m.,
12 noon & 5:30 pm Spanish

Monday through Friday 7:00 a.m.

1st Tuesdays & Fridays 7:00 p.m.

Morning Prayer 6:30 a.m.

Saturdays 8:00 a.m. & 5:30 p.m.
(Vigil)

Holy Days 7:00 a.m. & 7:00 p.m.

Confessions: Daily after mass, Tuesdays at
7 p.m., Saturdays at 8:45 am, Sundays
at 4:30 pm in Spanish or by appointment.

Baptisms: In order to make baptismal
arrangements, contact:
baptisms@goodshepherdpittsburg.org

Marriages: Couples are required to make
arrangements at least six months in
advance at:
weddings@goodshepherdpittsburg.org

Quinceaneras: In order to schedule a 15th
Birthday Mass, contact:
quince@goodshepherdpittsburg.org

Funeral Arrangements: Should be ar-
ranged by family, church and mortuary.
Normal Christian burial consists of Vigil
Service, Holy Mass and Burial in a
Catholic Cemetery. Any other arrange-
ments should first be discussed with
parish priest.

◆ Stations and Dinner, February 19

6PM Lenten Dinner (Linguini & Clams) followed by 7:30 PM Stations of the Cross with YFL (Bi-lingual)
RSVP to the parish office 432-6404 by February 15 if you plan on attending the dinner.

YOUTH BOGO FUNDRAISER!!!!

Youth Ministry is having a fund raiser to help our youth go on Retreat! Buy a key tag for \$20 and enjoy savings until November 2016! By One Get One FREE at Domino's Pizza or Togo's. Fantastic savings! See a youth ministry student or Debbie or Dina after Mass for this SPECIAL DEAL or contact the parish office.

BUY ONE! GET ONE FREE!

SOME "NOT SO GOOD" NEWS

We regret to inform you that the company handling the publishing of our

50th Anniversary Family Album

has gone out of business. We finally received that information after months of trying to contact them to check on the status of our book. We had hoped to have the book for our anniversary in July of 2015 and when that didn't happen we had hoped it would be ready for Christmas 2015. We will be getting back our submission to the book and will try to put some sort of album together for everyone to enjoy. We will keep you updated.

ATTENTION PLEASE:

Have you completed the Parish Survey? No? It's not too late. Take the survey online at

<https://www.surveymonkey.com/r/8CL32SC>

YOUR INPUT MATTERS!

GO ON LINE TODAY!

INCOME FOR JANUARY 2016

| | | |
|-----------------------------|-------------------|------------------------------|
| Plate Collections | 51,339 | (Sundays) |
| Sacramental Services | 1,840 | (Bapt, Fun) |
| Donations | 3,037 | (Memorials, etc) |
| Events | 5,814 | (Raffle, T. Horn) |
| Ministry Income | 14,923 | (CFF, Candles) |
| Bank Interest | 4 | |
| Other Income | 33,833 | (Facilities Use/ Rentals) |
| TOTAL INCOME | \$ 110,790 | |

EXPENSES FOR JANUARY 2016

| | | |
|----------------------------------|-----------------|--|
| Administration | 24,854 | (Sal, Ins, Ass) |
| Parish Property | 18,700 | (Sal, Supplies, maintenance con tracts, utilities, liability insurance for hall rentals) |
| Rectory Living | 1,127 | |
| Priests | 8,846 | (Salary, Supply Priests, Insur- ances, Pension) |
| Liturgy & Music | 5,999 | (Sal, Supplies) |
| Faith Formation & CYO | 27,293 | (Sal, Supplies, Cont'g Ed) |
| Other Ministries | 7,000 | |
| Fund Raising | 2,160 | |
| TOTAL EXPENSES | \$95,979 | |

| | |
|-----------------|------------------|
| INCOME | \$110,790 |
| EXPENSES | \$ 95,979 |

INCOME OVER EXPENSES AT MONTH END:
\$14,811.00

ARE YOU REMEMBERING TO.....

**Honor your pledge payments to the Diocesan
Capital Campaign?**

**In order for the parish to receive our fair share, you must
keep up with your commitment. Thank you!**

February 14: 1st Sunday of Lent

In today's Gospel, as Jesus is being tempted by the devil to command the stone to turn to bread in order to satisfy His hunger after 40 days of fasting--we hear Him say, "...one does not live on bread alone."

At St. Vincent de Paul, we cannot live on bread alone. As you make your Lenten sacrifices, please consider sacrificing a moment of your time to pray for those in need, for those who serve, and for the grace of continued resources. If you would rather **give**--than "give up" this Lent--please consider donating non-perishable (non-expired) food items to the pantry (baskets are in the vestibule), or a monetary donation to assist with our payments to our vendor, the Contra Costa Food Bank. God Bless You!

COMMUNITY HAPPENINGS

- ◆ **40 Days for Life**--February 10 to March 19--40 days of prayer and fasting to end abortion at Planned Parenthood in San Ramon.
www.40DaysforLife.com/SanRamon
- ◆ **Retrouvaille**—A Marriage Saving Weekend
February 26-28 ~ 510-276-4118
- ◆ **Monastic Retreat for Catholic Men**--March 11-13 at Abbey of Our Lady of New Clairvaux-Vina, CA
www.newclairvaux.org to register
- ◆ **Magnificat Womens' Ministry Breakfast**—
March 12 Crown Plaza Hotel in Concord--9:30 am to 12:30 pm Denise Bossert will share her conversion story-- 925-788-7762

Italian American Club invites you to a
TEXAS HOLD'EM TOURNAMENT
FEBRUARY 21ST

Sign in @ 12 noon. Cards fly at 1 pm
\$60 buy in—lunch served from 12-1 pm
Elks Lodge, 200 Marina Blvd, Pittsburg
925-817-0427 or
joron4298@sbcglobal.net



LENTEN WORKSHOP: Deep River Series II--Get to know the Lord more deeply this Lent. Join us for five weeks to go down the well of our souls into the underground stream of God's deep love. This series is called "From Birth to Ashes" and will provide a series of exercises to deepen and expand our understanding of what it means to live a Christian life. All who want to grow closer to the Lord are welcome. Facilitator: Carolyn Krantz-MSinED & MDiv. The series begins Tuesdays **the week of Feb. 16 through the week of March 15 from 8:00 AM to 9:30 in the Parish Hall.** Free will offering will be accepted.

**ATTENTION PASTORAL COUNCIL,
FINANCE COUNCIL, MINISTRY AND
ORGANIZATION HEADS AND
MEMBERS (MLN)! SAVE THE DATE!!!!**

The annual ministry leader retreat is scheduled for Thursday, February 18 at 6:30 pm in the church. Fr. Jerry Brown, Pastor at Immaculate Heart of Mary Church in Brentwood, will be the facilitator.

This retreat has been carefully planned for the benefit of you and your group or ministry members. Come and get empowered to be more effective in your own ministry and as a witness for Christ!

Please make every effort to attend but if you cannot, please send a representative. All groups need to have representation. All are welcome. You may bring any interested members from your group to accompany you.

We have a great evening planned!

**2015 TAX LETTERS NOW AVAILABLE!
CONTACT THE PARISH OFFICE TO
REQUEST YOUR COPY!**

Singers Wanted

Our 8:00 and 10:00 Choirs are seeking new choir members. If you enjoy singing and praising God through song come join our Music Ministry. Contact any choir member after Mass or call the church office and leave a message to join.

QUESTIONS AND ANSWERS ABOUT LENT AND LENTEN PRACTICES

Q. Why do we say that there are forty days of Lent? When you count all the days from Ash Wednesday through Holy Saturday, there are 46.

A. It might be more accurate to say that there is the "forty day fast within Lent." Historically, Lent has varied from a week to three weeks to the present configuration of 46 days. The forty day fast, however, has been more stable. The Sundays of Lent are certainly part of the Time of Lent, but they are not prescribed days of fast and abstinence.

Q. So does that mean that when we give something up for Lent, such as candy, we can have it on Sundays?

A. Apart from the prescribed days of fast and abstinence on Ash Wednesday and Good Friday, and the days of abstinence every Friday of Lent, Catholics have traditionally chosen additional penitential practices for the whole Time of Lent. These practices are disciplinary in nature and often more effective if they are continuous, i.e., kept on Sundays as well. That being said, such practices are not regulated by the Church, but by individual conscience.

Q. I understand that all the Fridays of Lent are days of abstinence from meat, but I'm not sure what is classified as meat. Does meat include chicken and dairy products?

A. Abstinence laws consider that meat comes only from animals such as chickens, sheep or pigs --- all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consommé, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, (cold-blooded animals) and shellfish are permitted.

Q. I've noticed that restaurants and grocery stores advertise specials on expensive types of fish and seafood on Fridays during Lent. Some of my Catholic friends take advantage of these deals, but somehow I don't feel right treating myself to the lobster special on Fridays during Lent.

A. While fish, lobster and other shellfish are not considered meat and can be consumed on days of abstinence, indulging in the lavish buffet at your favorite seafood place sort of misses the point. Abstaining from meat and other indulgences during Lent is a penitential practice. On the Fridays of Lent, we remember the sacrifice of Christ on Good Friday and unite ourselves with that sacrifice through abstinence and prayer.

Q. I understand that Catholics ages 18 to 59 should fast on Ash Wednesday and on Good Friday, but what exactly are the rules for these fasts?

A. Fasting on these days means we can have only one full, meatless meal. Some food can be taken at the other regular meal times if necessary, but combined they should be less than a full meal. Liquids are allowed at any time, but no solid food should be consumed between meals.

Q. Are there exemptions other than for age from the requirement to fast on Ash Wednesday and Good Friday?

A. Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women. In all cases, common sense should prevail, and ill persons should not further jeopardize their health by fasting.

| Mass Intentions | | Feb 15-21 |
|-----------------|--------------------|--|
| Mon | 7 am | Bennie Ebias Flores de Mayo # |
| Tue | 7 am | Joey Milani † * |
| Wed | 7 am | Douglas Freel † # |
| Thu | 7 am | Peter Nghiem † # |
| Fri | 7 am | Capupus Family & Joseph Navera's Birthday * |
| Sat | 8 am | Delores Butler † # |
| | 5:30 _{pm} | Antonio Esquivel Special Intention * |
| Sun | 8am | Jess H. Reyes † # |
| | 10am | Anna Pratt † * |
| | 12pm | In Thanksgiving~Auza Family # |
| | 5:30 _{pm} | FOR THE PEOPLE * |

*= Fr. Carl Arcosa #=Fr. Conrad

| YEAR TO DATE SACRAMENT TOTALS | |
|-------------------------------|----|
| Baptisms | 11 |
| First Holy Communions | |
| Confirmations | |
| Deaths | 1 |
| Weddings | |
| Sick Calls | 3 |

| LECTORS SCHEDULE FOR FEB 20/21 | | |
|--------------------------------|-----------------|----------------|
| | <u>1st</u> | <u>2nd</u> |
| Saturday | | |
| 5:30 | Joyce Fox | May Plata |
| Sunday | | |
| 8:00 | Ellen Viloría | Ina Kinadeter |
| 10:00 | Bee Francisco | Lydia Madrigal |
| 12:00 | Marina Bond | Sally Bellando |
| 5:30 | Anahy Hernandez | Oliba Cardona |

| ALTAR SERVERS SCHEDULE FOR FEB 20/21 | |
|--------------------------------------|---|
| Saturday | |
| 5:30 | Rafael Almarinez, Evangeline & Lelan Jimenez |
| Sunday | |
| 8:00 | Cameron Tanyag, Mina Romingquet, Rafael Gayton |
| 10:00 | Riodelle Reyes, Alyssamae & Eugene Buena, Rebecca Esquivel |
| 12:00 | Ronne Lagarejos, Joshua & Juliana Carrillo, Bonifacio Dador |
| 5:30 | David Diaz, Carlos Mendoza, Emma Jacobo, Josue Corona |

| EUCHARISTIC MINISTERS FOR FEB 20/21 | |
|-------------------------------------|--|
| Saturday | |
| 5:30: | Carol & Ben Davi, Maya Duran, Lucilla Mangante, May Plata, Josi Sobel |
| Sunday | |
| 8:00 | Martha Marin, Danette Shipe, Georgette Shipe, Yvonne Lackey, Debbie Lawson, Ellen Viloría |
| 10:00 | Dom & Fran Confetti, George & Patricia Camacho, Rose Carpenello, Florida Castillo, Namie Fontecha, Mimi Reynoso, David Viart |
| 12:00 | Edgar & Melis Ramirez, Cynthia Auza, Cecilio & Shirley Jemera, Romeo & Sery Razo, Napoleon & Theresa Umadhay |
| 5:30 | Alicia Leon, Lydia Madrigal, Rosa Granados, Librado Mata, Maria Trujillo, Sonja Shephard |

INFORM YOUR FAITH!

Television: EWTN on channel 261 on DISH Network or channel 370 on DIRECTV or channel 229 on Comcast
Radio: KSFB AM 1260 San Francisco
Sirius/XM Channels:
 The Catholic Channel 129
 EWTN 130
 The Message 63

PRAYER MINISTRY NEWS
 The Monday Morning Prayer Ministry prays for all of those whose names are written in the Book of the Sick. Some names are removed each Monday as people pass on or receive the Lord's graces. If your name or that of your friend or loved one is removed in error, please re-write them in the book. Thank you! We are praying for you!

The Monday Morning Prayer Group

| NEXT SUNDAY'S READINGS | NEXT WEEK'S 2ND COLLECTION |
|--|----------------------------|
| Genesis 15:5-12, 17-18, Philippians 3:17-4:1, Luke 9:28b-36 | BISHOP'S APPEAL |